

PAST EVENTS



ART OF WELLNESS SERIES: NUTRITION

March 2018: Marie McCaffrey disused what happens to food after you eat it. Since the body is a self-healing biological machine, our focus must be on the right fuel and learning to troubleshoot issues based on symptoms associated with poor nutrition. It's not what you eat that nourishes you... it's what you digest and assimilate. It's time to understand the silent language your body uses to communicate. [LOGIN FOR SCRIPTS & HANDOUTS](#) under N for NUTRITION.



INTEGRATIVE APPROACHES

2013: Dr. Kendall Ritz, MD, internist and pediatrician with a background in functional medicine specializing in chronic illnesses, did an excellent job of explaining the 8 characteristics of the root causes for all chronic disease and how to go about blending this knowledge with our individual situation to find the best form of treatment.



PANEL DISCUSSION 1: IT'S ALL IN YOUR HEAD

2012: One of the best and most interactive meeting thus far. A plethora of alternative tests were discussed (including one free one) to pinpoint medical problems when conventional tests fail to do so. Tests discussed: Live & Dry Blood Cell Analysis, pH Balancing, Holistic Iridology, Galvanic Skin Evaluation, Bioterrain Auditing, several blood tests and Scanning. Although our panelists came from different areas and did not know each other, they all agreed upon the origin of disease and how to deal with it.



PANEL DISCUSSION 2: HIDDEN CAUSES – [Keynote Address](#)

2012: SOLVING THE PUZZLE OF CHRONIC CONDITIONS:

A great discussion on what causes chronic illness. Rodney Dietert made his abstract available after the event for the many who were interested:

[Environmental Disruption of the Developing Immune System](#) – Also see:
[What is Energy Medicine](#)

Lynn M. Wright RN, MSN, CM, MH, presentation was fascinating as she explained how the blood speaks to us about our past, present and future health. She performed a Live and Dry Blood Cell Analysis on screen for all to see how to access the amazing secrets the body holds. [Introduction](#)



HIDDEN DANGERS IN GMOs

2012: Bob Gregory, agriculture director for Hartland College, agronomist, author, and national speaker, 30 years experience teaching agribusiness and organic farming in both North and South America, shared his knowledge in a shocking fact-based presentation on what we really need to know to protect ourselves and our families from the dangers in man-made foods.



NUTRITION: WHAT YOU NEED TO KNOW

2011: Marie McCaffrey, CNHP, facilitator of all these events, shared her most recent learning experience with a power point presentation to over 160 attendees that was based on the Certified Natural Health Professional (CNHP) Certification Program on Nutrition. She later sponsored a two-day CNHP Nutrition course for all

who were interested in taking it further. Not discussed at the event but a good book: [High-Raw](#)



STUMP THE HERBALIST

2011: Alan Tillotson, Ph.D, AHG, registered herbalist, author, formerly Delaware Today's "Most knowledgeable person in Delaware in the field of Alternative Medicine" specializing in natural solutions for serious health problems, entertained an engaging Q&A where every single person in the audience got to ask questions on any aspect of any disease, while Alan responded with science and traditional ways to solve the problem. This was a very dynamic, information-packed session.



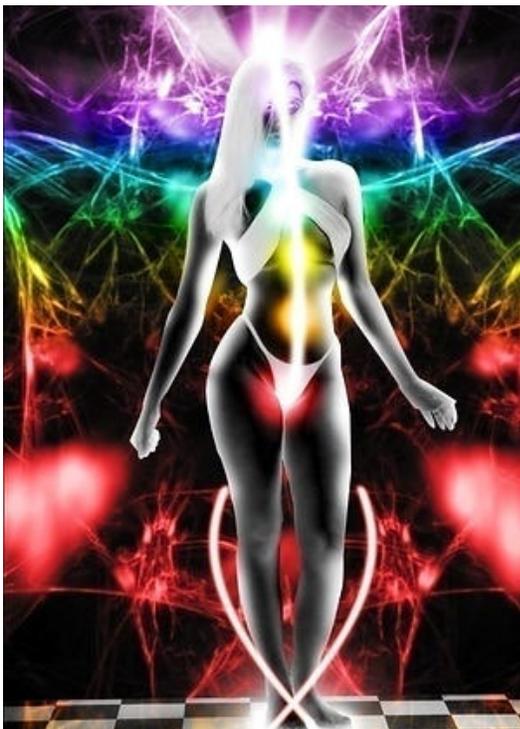
CLASSES BY DR. MATHER, NATUROPATH

2013: COLD & FLU SOLUTIONS: In all of his presentations, the late Dr. Mather, CTN, Dip. H. Ir, ThB, board certified Naturopathic Doctor who headed Naturopathic Counseling and Education Services, not only addressed the specific causes and symptoms of various illnesses but also gave detailed product information about what works, what doesn't, and why.

SYMPTOMS OF ADRENAL FATIGUE AND HOW TO REVERSE IT: Many illnesses involve adrenal fatigue. In addition to the above, Dr. Mather addressed seven signs and symptoms of adrenal malfunction, how to test for it, how to read the test results, and important food guidelines, including a dietary intake wheel and a recipe for Adrenal Recovery Soup. Recommended reading: Adrenal Fatigue And What To Do About It by James L. Wilson, ND, DC, PhD

SEVEN WAYS TO BUILD YOUR IMMUNITY: Dr. Mather thoroughly explained the organs of immune response and how they work together to protect the body from invasion. He then presented seven simple ways to keep the immune system strong.

HOW TO HEAL CHRONIC DISEASE BY BALANCING YOUR COLON: A most enlightening presentation. Dr. Mather drilled into the hidden sources of disease and the untold truths you need to know about your colon health... and enjoyable and sometimes humorous session.



WHAT IS ENERGY MEDICINE 2012:

[The Science Behind Energy Medicine.](#)

This SlideShare is a partial summary of Marie McCaffrey's workshop on Energy Healing. She also taught how to use muscle testing and explained in detail how and why kinesiology works.

[Keynote Address](#)

This address was a follow-up for the second Panel Discussion Keynote Address on Chronic Illness listed above.